PROTECTION WITH COMFORT AND DIGNITY
Welcome to our family of products. We’ve got solutions for your incontinence needs.

Incontinence is a common condition — it affects about 30 million Americans. All of whom deserve world-class solutions that provide protection with dignity and comfort.

We know that there are different types, symptoms, and causes of incontinence. That’s why our products are designed to provide the right care at the right time.

As a global leader in medical technology, services, and solutions, we never stop working to improve the lives of millions of people each year.

Get to know us. Your partner in incontinence care.
**Types of Incontinence**

<table>
<thead>
<tr>
<th>Type</th>
<th>Symptoms</th>
<th>Causes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stress</td>
<td>Involuntary loss of urine that occurs during physical activity, such as coughing, sneezing, laughing, or exercise</td>
<td>Weakening of muscle in pelvic floor</td>
</tr>
<tr>
<td>Overflow</td>
<td>Leakage of small amounts of urine from the bladder that is always full</td>
<td>Excessive urine in the bladder, obstructed air flow, damage to central nervous system, prostate problems, back injuries</td>
</tr>
<tr>
<td>Mixed</td>
<td>Combination of stress and urge incontinence</td>
<td></td>
</tr>
<tr>
<td>Transient</td>
<td>Temporary or occasional incontinence that may be related to a variety of potentially improvable or reversible causes</td>
<td>Drugs, such as diuretics and antidepressants; urinary infection, acute confusion, or delirium; restricted mobility; severe constipation</td>
</tr>
<tr>
<td>Urge</td>
<td>Involves a strong, sudden need to urinate followed by a bladder contraction, resulting in involuntary loss of urine</td>
<td>Illness, damage to central nervous system</td>
</tr>
<tr>
<td>Functional</td>
<td>Physical or psychological impediments resulting in difficulty reaching the toilet for people who have normal voiding systems</td>
<td>Physical weakness, poor mobility, confusion, dementia, toilet facilities that are difficult to access</td>
</tr>
</tbody>
</table>

**Our Features and Benefits**

- **Whisper quiet**
  Clothlike backsheet is ultrasonically bonded for a quilted look and feel, offering a noticeably quieter, discreet, dignified solution

- **Feather-soft top sheet**
  State-of-the-art top sheet is noticeably softer than traditional nonwovens, providing a more comfortable wearer experience

- **Breathable side panels**
  Airflow technology allows air-to-skin contact, keeping skin cool, dry, and comfortable while minimizing heat buildup

- **Dual-action core**
  Super-absorbent core is designed to quickly lock in fluid and neutralize odors

- **Deep core design**
  High-density core is specially formed for more protection where it’s needed most

- **Robust fastening system**
  Sturdy refastenable tabs ensure a secure fit

- **Vapor transfer system**
  Moisture vapor-permeable film lets gas transfer away from the wearer while protecting bed linens and clothing from bodily fluids — leaving the wearer drier and more comfortable

- **Breathable backsheet**
  Allows air to freely circulate so the wearer can garner the benefits of an air therapy bed

- **Tear-away sides**
  Add convenience for easy removal and disposal

**Get to Know Our Protective Underwear**

- Robust fastening system
- Dual-action core
- Breathable side panel
- Wetness indicator
- Colored threads
- Indicate back of underwear
- Tear-away sides
- Add convenience for easy removal and disposal
- Flexible leg gathers
  Offer a snug fit to prevent leakage
Protective underwear is designed to be pulled on like regular underwear. The outer layer is made of a soft and breathable clothlike material. They are low-profile and discreet and can absorb large amounts of fluid. With materials that reduce odor and keep wetness away from the skin. They are also available in multiple levels of absorbency.

PROTECTIVE UNDERWEAR SIZING GUIDE
Select the appropriate brief size to ensure comfort, leakage protection, and dignity.

<table>
<thead>
<tr>
<th>Sizing Grid</th>
<th>Waist</th>
<th>Elastic Color</th>
</tr>
</thead>
<tbody>
<tr>
<td>SMALL/MEDIUM</td>
<td>34–46&quot;</td>
<td>2 GREEN STRANDS</td>
</tr>
<tr>
<td>LARGE</td>
<td>44–54&quot;</td>
<td>2 BLUE STRANDS</td>
</tr>
<tr>
<td>X-LARGE</td>
<td>48–66&quot;</td>
<td>4 BLUE STRANDS</td>
</tr>
<tr>
<td>XX-LARGE</td>
<td>60–80&quot;</td>
<td>4 GREEN STRANDS</td>
</tr>
<tr>
<td>BARIATRIC</td>
<td>74–100&quot;</td>
<td>WHITE</td>
</tr>
</tbody>
</table>

Instructions:
- Pinpoint height and weight on the sizing grid
- Match the color on the grid to the color on the key to obtain the appropriate protective underwear size

This should be used as a guideline only. You can ensure proper sizing by taking waist/hip measurements. Also make allowances for gender and certain conditions, such as hernias, amputations, etc. Clinical assessment is recommended for anyone over 250 lbs. Note: Sizing is extremely important. Inappropriate size or improper application can result in leakage.

Adult briefs are available in varying levels of absorbency. They are designed with tabs that attach to the front of the brief for application and removal. They contain materials that reduce odor and quickly pull fluid in and keep wetness away from the skin.

ADULT BRIEFS SIZING GUIDE
Select the appropriate brief size to ensure comfort, leakage protection, and dignity.

<table>
<thead>
<tr>
<th>Sizing Grid</th>
<th>Waist</th>
<th>Elastic Color</th>
</tr>
</thead>
<tbody>
<tr>
<td>SMALL</td>
<td>20–31&quot;</td>
<td>GREEN</td>
</tr>
<tr>
<td>MEDIUM</td>
<td>32–44&quot;</td>
<td>WHITE</td>
</tr>
<tr>
<td>LARGE</td>
<td>45–58&quot;</td>
<td>BLUE</td>
</tr>
<tr>
<td>X-LARGE</td>
<td>59–64&quot;</td>
<td>BEIGE</td>
</tr>
<tr>
<td>XX-LARGE</td>
<td>65–78&quot;</td>
<td>GREEN</td>
</tr>
<tr>
<td>BARIATRIC</td>
<td>79–100&quot;</td>
<td>WHITE</td>
</tr>
</tbody>
</table>

Instructions:
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## RECOMMENDED APPLICATION TECHNIQUES

### Standing

Fold brief in half with soft inner lining exposed and leg ruffles folded out. With fold at top, place between legs.

Open back of brief over buttocks. Position hook and loop tab closure at waist and hold brief in place.

Bring front of brief across abdomen. Smooth out for a comfortable fit.

Hook and loop: Fasten hook and loop closure to landing zone on front of brief.

Other briefs: Fasten tabs to front of brief.

Gently pull brief upward until the crotch area fits snugly to the groin and inner leg. Readjust fastening tabs as required, applying pressure to the entire length and width of the tab.

### Seated

Place brief on chair with back open and slightly lower than waist level, front of brief closed with leg ruffles folded out.

Hang brief on chair with back open and slightly lower than waist level, front of brief closed with leg ruffles folded out.

Open across abdomen. Smooth out for a comfortable fit.

Hook and loop: Fasten hook and loop closure to landing zone on front of brief.

Other briefs: Fasten tabs to front of brief.

Gently pull brief upward until the crotch area fits snugly to the groin and inner leg. Readjust fastening tabs as required, applying pressure to the entire length and width of the tab.

### Bed/Contractured

Roll the person onto their side. Prepare brief by tri-folding edge closest to the person. Slide tri-folded edge under the person, ensuring proper positioning. Roll the person back onto the opened brief.

Roll front of brief with backing together into a "log roll." Bring the "log roll" of the brief through the legs.

Open and smooth across abdomen for a comfortable fit.

Hook and loop: Fasten hook and loop closure to landing zone on front of brief.

Other briefs: Fasten tabs to front of brief.

Gently pull brief upward until the crotch area fits snugly to the groin and inner leg. Readjust fastening tabs as required, applying pressure to the entire length and width of the tab.

## Additional Information

### Wetness Indicator

Change the brief when the wetness indicator turns green.

### Removal

Hold the front of the brief near the tab with one hand. Slowly peel the tab back with the other hand.

## A GUIDE TO COMFORT

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Cause</th>
<th>Correction</th>
</tr>
</thead>
<tbody>
<tr>
<td>Redness in groin area</td>
<td>- Poor fit</td>
<td>- Proper fit, with brief pulled up snugly in groin area</td>
</tr>
<tr>
<td></td>
<td>- Leg ruffles not turned out away from skin</td>
<td>- Leg ruffles turned out away from skin</td>
</tr>
<tr>
<td>Redness in inner thigh area</td>
<td>- Poor cleansing techniques</td>
<td>- Keep skin clean and dry</td>
</tr>
<tr>
<td></td>
<td>- Baggy, too large brief</td>
<td>- Use correct-size brief</td>
</tr>
<tr>
<td>Redness in buttocks area</td>
<td>- Infrequent changes</td>
<td>- More frequent changes</td>
</tr>
<tr>
<td></td>
<td>- Poor cleansing techniques</td>
<td>- Keep skin clean and dry</td>
</tr>
<tr>
<td>Blisters</td>
<td>- Tape tab touching skin</td>
<td>- Secure tape tabs to backing</td>
</tr>
<tr>
<td></td>
<td>- Plastic backing touching skin</td>
<td>- Ensure proper application of brief, with no plastic touching skin</td>
</tr>
<tr>
<td>Wet linen or clothing</td>
<td>- Brief is saturated</td>
<td>- More frequent changes</td>
</tr>
<tr>
<td></td>
<td>- Brief not properly fitted or applied</td>
<td>- Snug fit, proper size</td>
</tr>
</tbody>
</table>

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Open back of brief over buttocks. Position hook and loop tab closure at waist and hold brief in place.

Bring front of brief across abdomen. Smooth out for a comfortable fit.

Hook and loop: Fasten hook and loop closure to landing zone on front of brief.

Other briefs: Fasten tabs to front of brief.

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CARING FOR INFANTS AND CHILDREN
We are proud to offer a variety of products for infants and children. Designed for their comfort—and keeping them, and their caregivers, happy.

Curity ™ Baby Diapers
Our baby diapers have kept generations of babies dry and comfortable. We work closely with babies and their grownups to design and deliver quality diapers. So you get tender care—and disposable convenience.

- Stretchable side panels
  Better fit so baby can move freely and comfortably.
- Soft, clothlike cover
  Gentle to the touch and kind to baby’s skin
- Comfort leak guards
  Gently gather around baby’s legs, protecting against leaks
- Super-absorbent core
  Quickly pulls moisture away from baby’s skin

Curity ™ Training Pants
Our training pants combine the look and feel of real underwear with the protection potty-training toddlers need. Like the national brands, our training pants:

- Fit like real underwear
- Provide excellent absorbency
- Have easy pull-on and tear-away sides
- Confirm need for change via disappearing wetness indicator

Curity ™ Youth Pants
Our youth pants offer protection for children and teenagers suffering from nighttime bedwetting. They provide a discreet, comfortable, dignified solution. They combine the look and feel of real underwear with maximum protection and, like the national brands, they have:

- Stretchy sides and waist
  For a comfortable and snug fit
- Tear-away sides
  Allow for quick, easy removal
- Leg gathers and leak barriers
  Provide improved comfort and protection from leaks
- Super-dry core
  Helps protect all night
- Colored band
  To indicate back of youth pant

JUVENILE PROTECTIVE CARE SIZING GUIDE

<table>
<thead>
<tr>
<th>SIZE</th>
<th>WEIGHT</th>
<th>WAIST</th>
</tr>
</thead>
<tbody>
<tr>
<td>Curity ™ Baby Diapers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Size 1</td>
<td>8–12 lbs</td>
<td>11–14”</td>
</tr>
<tr>
<td>Size 2</td>
<td>12–18 lbs</td>
<td>12–16”</td>
</tr>
<tr>
<td>Size 3</td>
<td>16–28 lbs</td>
<td>14–17”</td>
</tr>
<tr>
<td>Size 4</td>
<td>22–35 lbs</td>
<td>14.5–18.5”</td>
</tr>
<tr>
<td>Size 5</td>
<td>over 27 lbs</td>
<td>15–19”</td>
</tr>
<tr>
<td>Size 6</td>
<td>over 35 lbs</td>
<td>15.5–19.5”</td>
</tr>
<tr>
<td>Size 7</td>
<td>over 41 lbs</td>
<td>17.5–21.5”</td>
</tr>
<tr>
<td>Curity ™ Training Pants</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2T-3T</td>
<td>under 34 lbs</td>
<td>18–23”</td>
</tr>
<tr>
<td>4T-5T</td>
<td>32–40 lbs</td>
<td>18.5–23.5”</td>
</tr>
<tr>
<td>6T-8T</td>
<td>over 38 lbs</td>
<td>19–24.5”</td>
</tr>
<tr>
<td>Curity ™ Youth Pants</td>
<td></td>
<td></td>
</tr>
<tr>
<td>S/M</td>
<td>38–65 lbs</td>
<td>20–31.5”</td>
</tr>
<tr>
<td>L/XL</td>
<td>60–125 lbs</td>
<td>24–39.5”</td>
</tr>
</tbody>
</table>

This should be used as a guideline only. Waist and/or hip measurements should be taken and weight considered to ensure proper sizing. Allowances must be made for gender and certain conditions such as hernias or amputations.

Note: Sizing is extremely important. Inappropriate size or improper application can result in leakage.